

# MONTHLY CHECKLIST

## PLAN AHEAD...

- scan calendar for upcoming events
- schedule activities & appointments
- set & review goals
- choose a bucket list activity
- plan a date night
- plan a fun family activity
- choose a new podcast to try
- schedule time for a hobby or fun activity
- choose a healthy habit to focus on
- choose a home improvement or organizing project
- scan freezer & fridge for items to use
- make loose dinner plan for month

## HOMESCHOOL PLANNING...

- set goals
- plan a field trip
- fun holidays/events to celebrate
- supplemental video/activities/experiences
- brainstorm unit studies or project ideas
- tidy up desks/shelves/binders/bins
- quote of the month
- character trait of the month
- seasonal theme
- historical figure (born that month)
- invention/discovery of the month
- choose life skills focus area
- choose one idea/question to research
- note areas each child needs help/extra work
- review benchmarks and note gaps
- change something to keep things fresh
- check in with kids (how are they doing?)

## DID I...

- clean out purse
- clean out car
- pet care (grooming, meds, etc.)
- tidy closet
- drop off donations
- order/shop for household supplies
- toss expired fridge items
- clean makeup brushes
- clean sink and disposal
- clean blinds
- clean windows/frames
- dust ceiling fans/light fixtures/vents
- vacuum under couch cushions
- wipe baseboards
- vacuum edges and corners
- file bills/paperwork
- scan bank statements
- scan credit card statements
- update or confirm monthly budget
- declutter/organize phone
- backup phone
- backup computer files
- clean up inbox on all email accounts
- clean up watchlists
- read a book
- deep condition hair
- facial
- manicure/pedicure
- switch contact lenses
- spend one hour in quiet
- reflect on what's going well/not well
- check in with a friend
- text or call family members