
WHAT TO DO
october

D A T E S T O K N O W

Family History Month

Interview grandparents or other family members. Visit [Must Love Lists](#) for a free printable list of family history questions.

World Vegetarian Day (October 1)

Go meatless today!

National Do Something Nice Day (October 5)

Brainstorm acts of kindness and do something nice today. Download these [Kindness Cards](#) to make someone's day!

National Art Day (October 25)

Make art today - try chalk drawing, or creative lettering. Watch a documentary about a famous artist, or visit an art museum.

National First Responders Day (October 28)

Write a note of thanks to your local police or fire crews.

National Checklist Day (October 30)

Make a vacation packing checklist, a home maintenance checklist, or a holiday planning checklist!

Halloween (October 31)

P L A N A H E A D

Thanksgiving: Start thinking about food and decor. Check out my [Thanksgiving Planner](#) for all the checklists and organization you need.

Christmas: Think about who is hosting, make travel plans, and gift lists.