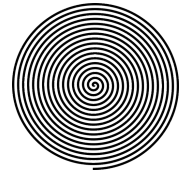


Preschool Weekly Focus



COLOR: mixing primary colors

SHAPE: spiral

NUMBER: 11

NUTRITION



N 11

- | | |
|---|---|
| <ul style="list-style-type: none"> • Letter: trace, write, recognize, practice sound, sound hunt • Number: trace, write, recognize, count | <ul style="list-style-type: none"> • Read nursery rhymes • Make nametags to wear • Kitchen tool identification • www.starfall.com |
|---|---|

BOOKS

- In November (Rylant)
- My Nest is Best (Eastman)
- Goodnight Numbers (McKellar)
- Too Much Noise (McGovern)
- Let's Go Nuts: Seeds We Eat (Sayre)
- N is for Nutrition (Skene)

SNACKS & FOOD

- naan
- nachos
- nectarines
- noodles
- nuts

FIELD TRIPS

- nature walk
- neighborhood walk/search and find
- newspaper office
- nut farm

ARTS & CRAFTS



- color mixing (totschooling.net/2017/09/color-mixing-activity-pack.html)
- toilet roll ninjas (<https://kidsactivitiesblog.com/59409/toilet-roll-ninjas>)
- letter N night craft (ahappilyevercrafter.blogspot.com/2013/10/crafting-our-way-through-alphabet.html): use star stickers for practice removing small stickers from a page and placing on the paper

GAMES & ACTIVITIES

- print this (bgchealthforlife.files.wordpress.com/2013/03/myplatetemplate.jpg) and draw or cut pictures from grocery ads or magazines to find examples of nutritious foods (1/2 plate fruits and veggies, 1/4 whole grain, 1/4 protein)
- practice hammering golf tee "nails" into styrofoam form
- Use a small net to go "fishing" in a sink, plastic tote, or kiddie pool. Write letters on a few milk jug lids or other small floating items and fish for N's.
- BBC Learning: What Do Humans Need to Stay Healthy (YouTube-WONKY Films)
- make a number maze with tape on floor or chalk outside (child starts at 1 and walks through numbers in order to get to the end)

😊	9	8
11	10	7
2	3	6
1	4	5

MORE WEEKLY FOCUS IDEAS

- look at a newspaper: open, close, fold, look for N's
- any Picture Dictionary book - N words
- play with a spirograph to have fun creating spirals