

365 Daily Journal Prompts for Kids

JANUARY

1/1	3 things you're thankful for
1/2	3 places you would like to go this year
1/3	3 days you're looking forward to this year
1/4	3 favorite dinner meals
1/5	3 favorite board games
1/6	3 names you would pick if you had to change your name
1/7	3 things you are afraid of
1/8	3 "big wishes" for your life
1/9	3 countries you would like to visit
1/10	3 favorite movies
1/11	3 things you like about school
1/12	3 things you don't like about school
1/13	3 favorite days of the week
1/14	3 things that make you feel better when you're feeling down
1/15	3 people you are thankful for (not family members)
1/16	3 favorite breakfast foods
1/17	3 fun things you remember doing with grandma or grandpa
1/18	3 things you like about yourself
1/19	3 favorite shirts you love to wear
1/20	3 things you'd like to learn more about
1/21	3 things that made you laugh recently
1/22	3 people you'd like to get to know better
1/23	3 favorite things about winter
1/24	3 good things that happened today
1/25	3 favorite songs
1/26	3 words you would use to describe yourself
1/27	3 words you've read or heard that you don't know the meaning of
1/28	3 things you learned today
1/29	3 fun birthday party ideas
1/30	3 favorite things to drink
1/31	3 favorite things from this month

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FEBRUARY

2/1	3 things you're thankful for
2/2	3 ways you could help someone this week
2/3	3 things you think are boring
2/4	3 people you think are funny
2/5	3 favorite shows
2/6	3 habits you think you could improve
2/7	3 favorite ways to celebrate Valentine's Day
2/8	3 things you wish our family did more often
2/9	3 things you wish our family would do less often
2/10	3 things you love about your sister/brother
2/11	3 things mom always says
2/12	3 things dad always says
2/13	3 things you think are gross
2/14	3 things you would say "I love..." about
2/15	3 favorite berries
2/16	3 chores you hate to do
2/17	3 things you're looking forward to about the weekend
2/18	3 favorite things that are yellow
2/19	3 names you would choose for your kids
2/20	3 things you'd like to learn how to make
2/21	3 things you sometimes worry about
2/22	3 things you would do on your perfect day
2/23	3 words or phrases you use a lot
2/24	3 favorite books
2/25	3 things you like to eat out of the fridge
2/26	3 nice things someone has said about you
2/27	3 superpowers you'd like to have
2/28	3 favorite things from this month

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MARCH

3/1	3 things that you're thankful for
3/2	3 favorite Dr. Seuss books
3/3	3 things you'd do if you were president
3/4	3 inventions you'd like to create
3/5	3 things you'd like to do over spring break
3/6	3 things you'd love to have in your backyard
3/7	3 people you think are kind
3/8	3 favorite candy treats
3/9	3 favorite holidays
3/10	3 things you like about your bedroom
3/11	3 things you wish mom and dad would stop doing
3/12	3 favorite Disney characters
3/13	3 things you've felt disappointed in
3/14	3 things our family has never done that you'd like to do
3/15	3 favorite vegetables
3/16	3 things you like to do when it's rainy
3/17	3 favorite things that are green
3/18	3 favorite outfits
3/19	3 favorite outdoor games
3/20	3 things you like doing with your siblings
3/21	3 favorite places to shop
3/22	3 favorite ice cream toppings
3/23	3 things that annoy you
3/24	3 things you'd want to have on a deserted island
3/25	3 favorite colors
3/26	3 things you always want to have in the car
3/27	3 questions you want to know the answers to
3/28	3 words that pop into your mind first when you hear: beautiful
3/29	3 things you miss about being younger
3/30	3 things you can't live without
3/31	3 favorite things from this month

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APRIL

4/1	3 things that you're thankful for
4/2	3 favorite April Fools pranks
4/3	3 favorite toys
4/4	3 things you'd bring with you on a trip to Mars
4/5	3 favorite desserts
4/6	3 favorite things about spring
4/7	3 smells that you like
4/8	3 things that sound exciting to do
4/9	3 things you'd like to be known for
4/10	3 mural ideas for the side of your school
4/11	3 things you use every day
4/12	3 foods you could eat every day for a month
4/13	3 favorite numbers
4/14	3 historical people you admire
4/15	3 things you think dogs would say if they could talk to you
4/16	3 least favorite board games
4/17	3 things it might be fun to collect
4/18	3 ideas for a book you could write
4/19	3 insects you don't like
4/20	3 accomplishments you are proud of
4/21	3 picks for a class pet
4/22	3 things that seem scary about growing up
4/23	3 foods you wish you never had to eat again
4/24	3 questions you'd like to ask God
4/25	3 words that rhyme with spring
4/26	3 things about yourself you think are like your parents
4/27	3 things that make you smile
4/28	3 times you felt embarrassed
4/29	3 favorite fruits
4/30	3 favorite things from this month

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MAY

5/1	3 things you're thankful for
5/2	3 words you would use to describe mom
5/3	3 things that make you happy
5/4	3 things that make you sad
5/5	3 things that gross you out
5/6	3 favorite emojis
5/7	3 things you'd like to grow in a garden
5/8	3 things that make you nervous
5/9	3 places in the United States you'd like to visit
5/10	3 places in the world you'd like to visit
5/11	3 problems you feel like you have right now
5/12	3 favorite apps
5/13	3 favorite video/computer games
5/14	3 things you wish would be invented
5/15	3 sports you like to watch
5/16	3 things you think about before you go to sleep
5/17	3 ideas for a new kind of restaurant
5/18	3 favorite songs to sing along to
5/19	3 favorite songs to dance to
5/20	3 useful skills you think you should learn
5/21	3 favorite days of your whole life
5/22	3 ways you think you're different than most other kids
5/23	3 favorite teachers
5/24	3 favorite field trips ever
5/25	3 things you can make with pipe cleaners
5/26	3 weird food combinations
5/27	3 things you would like to make and sell
5/28	3 favorite kinds of chips
5/29	3 nicknames you'd like to be called
5/30	3 words you can make from letters in your name
5/31	3 favorite things from this month

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JUNE

6/1	3 things you're thankful for
6/2	3 favorite ways to make a mess
6/3	3 things you really want to do this summer
6/4	3 words you would use to describe dad
6/5	3 people you could compliment this week
6/6	3 words to describe your teacher
6/7	3 things you'd like to learn about your grandparents
6/8	3 things you wish you could do
6/9	3 things you could paint with (not a paintbrush)
6/10	3 things to do with a pencil (besides write)
6/11	3 cute animals (not including a dog, cat, or horse)
6/12	3 things you don't like someone to say to you
6/13	3 made up crazy animal combinations
6/14	3 things you think are really cool
6/15	3 favorite things about summer
6/16	3 ideas to help you keep your room tidy
6/17	3 favorite things that are red
6/18	3 things that always make you laugh
6/19	3 favorite documentaries
6/20	3 favorite movies your mom made you watch
6/21	3 things you remember learning in school this year
6/22	3 words that are fun to say
6/23	3 things you and your siblings (or parents) agree on
6/24	3 ways to finish the sentence, "Once upon a time..."
6/25	3 scary movie characters
6/26	3 movie characters you'd like to be friends with in real life
6/27	3 favorite foods to eat out of a bowl
6/28	3 favorite foods to eat with your fingers
6/29	3 things you wish you could do in the car
6/30	3 favorite things from this month

365 Daily Journal Prompts for Kids

JULY

7/1	3 things you're thankful for
7/2	3 favorite things to eat in summer
7/3	3 favorite things that are blue
7/4	3 favorite things to do on July 4th
7/5	3 favorite things about staying in a hotel
7/6	3 qualities you think are important in a friend
7/7	3 favorite summer traditions for your family
7/8	3 words to use instead of "great"
7/9	3 people you'd love to get a surprise phone call from
7/10	3 favorite slang expressions
7/11	3 manners you think are important (besides saying "thank you")
7/12	3 things that have made you cry
7/13	3 things in nature that are beautiful
7/14	3 things you wish were less expensive
7/15	3 things you wish you never had to do again
7/16	3 things you think are really boring
7/17	3 verbs (action words) that start with the first letter of your name
7/18	3 surprises you think would be awesome
7/19	3 favorite Olympic sports
7/20	3 ways you think you might use math when you grow up
7/21	3 things you'd love to have a dream about
7/22	3 questions to ask someone when you meet them
7/23	3 "big dreams" for your life
7/24	3 things you think people notice about you
7/25	3 things you could get rid of because you don't use them anymore
7/26	3 favorite places to take a walk
7/27	3 inventions you think will happen in your lifetime
7/28	3 little things you could do to help out around the house
7/29	3 things you are absolutely sure are true
7/30	3 things you need help with
7/31	3 favorite things from this month

365 Daily Journal Prompts for Kids

AUGUST

8/1	3 things you're thankful for
8/2	3 refreshing things on a hot summer day
8/3	3 crazy ice cream flavors
8/4	3 silly things you could do for one minute
8/5	3 different ways to write your name (creative lettering)
8/6	3 activities you want to do this week
8/7	3 cute pet names
8/8	3 places you like to sleep besides your bed
8/9	3 things you'd like to get better at
8/10	3 hobbies you'd like to try someday
8/11	3 jokes or riddles
8/12	3 foods that would be really yucky to blend together in a smoothie
8/13	3 places you would hide an elephant
8/14	3 things to try mixing with popcorn
8/15	3 things you wish were always in the fridge
8/16	3 things you feel a little bit guilty about
8/17	3 things you've never done that you'd like to do
8/18	3 favorite things that are orange
8/19	3 people you'd like to have dinner with
8/20	3 favorite shapes
8/21	3 favorite restaurants
8/22	3 movie characters you'd like to be for a day
8/23	3 things you want to know about your parents
8/24	3 favorite pieces of clothing
8/25	3 best ways to spend Friday night
8/26	3 best ways to spend Sunday afternoon
8/27	3 things that make you feel confident
8/28	3 favorite things you ate this week
8/29	3 things you wish your parents would let you do
8/30	3 things you own that would represent you in a time capsule
8/31	3 favorite things from this month

365 Daily Journal Prompts for Kids

SEPTEMBER

9/1	3 things you're thankful for
9/2	3 things you are looking forward to right now
9/3	3 favorite cereals
9/4	3 times you wanted to give up but didn't
9/5	3 favorite school supplies
9/6	3 things you like about weekends
9/7	3 favorite crayon colors
9/8	3 things that you want to remember forever
9/9	3 things you wish you could change in the world
9/10	3 places you've read about in a book that you'd like to visit
9/11	3 big questions you've never asked anyone
9/12	3 nice things you could say to your teacher this week
9/13	3 favorite things that are brown
9/14	3 things your parents do that you don't want to do if you have kids
9/15	3 famous people (dead or alive) you'd like to meet
9/16	3 annoying sounds
9/17	3 things you think you'll like about school this year
9/18	3 things you wish were different in school this year
9/19	3 favorite lunch treats
9/20	3 things that make you relax
9/21	3 things you think you will never do
9/22	3 favorite things about fall
9/23	3 ways you could be kind to someone at school this week
9/24	3 random things you don't like
9/25	3 things you would buy if you had \$1 million
9/26	3 favorite things to draw
9/27	3 favorite breeds of dogs
9/28	3 song titles you make up starting "If only..."
9/29	3 weirdest things you've ever eaten
9/30	3 favorite things from this month

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OCTOBER

10/1	3 things you're thankful for
10/2	3 ideas for a Halloween costume
10/3	3 things you wish we would never run out of
10/4	3 favorite dance moves
10/5	3 things you wish someone else could do for you
10/6	3 made up reasons why the sky is blue
10/7	3 things you know that your parents don't know
10/8	3 super cool new toy ideas
10/9	3 favorite things to have on a sandwich
10/10	3 favorite kinds of candy
10/11	3 favorite knock-knock jokes
10/12	3 favorite places to go in our town
10/13	3 things you would love to do every day
10/14	3 things you say a lot
10/15	3 things you would put on a "bucket list" to do someday
10/16	3 ways to show someone you care without saying anything
10/17	3 cool ocean creatures
10/18	3 favorite flowers
10/19	3 words that are palindromes (spelled the same forwards and backwards)
10/20	3 time periods you'd visit if you had a time machine
10/21	3 things you could teach someone else to do
10/22	3 things that have been hard about this year so far
10/23	3 ways you could make someone smile this week
10/24	3 jobs you think you might enjoy when you grow up
10/25	3 ways technology makes your life easier
10/26	3 green things you like to eat
10/27	3 things you could do with a marshmallow (besides eat it!)
10/28	3 foods it's really hard to stop eating
10/29	3 things you wish people would give out for Halloween
10/30	3 favorite things about this month
10/31	3 favorite things about Halloween

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NOVEMBER

11/1	3 things you're thankful for
11/2	3 fun Halloween costumes you saw this year
11/3	3 favorite treats you got for Halloween
11/4	3 wishes (if you only had three!)
11/5	3 crazy rooms it would be fun to have in our house
11/6	3 times you remember getting in trouble
11/7	3 things you wish you could have a "do-over" for
11/8	3 things you like to do at recess
11/9	3 favorite stores to go shopping at
11/10	3 things you like better than pickles
11/11	3 compliments you would like to receive
11/12	3 favorite teachers or coaches
11/13	3 favorite singers or bands
11/14	3 pet peeves
11/15	3 favorite foods to have for Thanksgiving dinner
11/16	3 days you would love to live over again
11/17	3 reasons it's good to work hard
11/18	3 words you can make from "Thanksgiving" (not thanks or giving!)
11/19	3 things that are really hard for you to remember
11/20	3 family rules that you agree are pretty good rules
11/21	3 longest words you can think of
11/22	3 favorite zoo animals
11/23	3 favorite letters of the alphabet
11/24	3 messiest foods you can think of
11/25	3 planets you'd most like to visit if it were possible
11/26	3 favorite kinds of crackers
11/27	3 gifts you remember giving
11/28	3 cool jungle creatures
11/29	3 things you would buy with \$100
11/30	3 favorite things from this month

365 Daily Journal Prompts for Kids

DECEMBER

12/1	3 things you're thankful for
12/2	3 activities you'd like to do at home this month
12/3	3 words to use instead of "good"
12/4	3 gifts you'd like for Christmas
12/5	3 gifts you think your teacher might like
12/6	3 jobs you'd have if you were an elf
12/7	3 favorite Christmas treats
12/8	3 memories from past Christmas seasons
12/9	3 fun things to do outside this month
12/10	3 ways to do something nice for our neighbors this month
12/11	3 random people to be a Secret Santa for
12/12	3 gifts you'd like to make for someone
12/13	3 favorite animated Christmas movies
12/14	3 favorite non-animated Christmas movies
12/15	3 favorite stocking stuffers
12/16	3 favorite Christmas crafts
12/17	3 funny ideas for a tree topper
12/18	3 favorite Christmas traditions
12/19	3 ideas for Christmas breakfast
12/20	3 ways to warm up on a cold winter day
12/21	3 things you could do with candy canes
12/22	3 things that made you thankful for your family this week
12/23	3 favorite Christmas songs
12/24	3 reasons Santa should put you on the nice list this year
12/25	3 favorite Christmas gifts this year
12/26	3 best gifts you've ever received
12/27	3 favorite cold things to eat
12/28	3 funny ways to decorate a snowman
12/29	3 favorite things to eat in winter
12/30	3 favorite things from this month
12/31	3 favorite memories from this whole year