## GOOD MORNING!

"Tell me, what is it you plan to do with your one wild and precious life?"

Mary Oliver, The Summer Day



A year from now you will wish you had started today. Karen Lamb

Motivation is what gets you started. Habit is what keeps you going. Jim Ryun

The difference between stumbling blocks and stepping stones is how you use them.

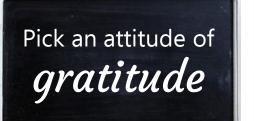
It's not about time, it's about choices. How are you spending your choices?

Beverly Adamo



You will never change your life until you change something you do daily. The secret of your success is found in your daily routine.

John C. Maxwell



Attitude is everything, so pick a good one. Wayne Dyer

Do something today that your future self will thank you for.

Strive for progress, not perfection.

Don't worry about failures.

Worry about the chances you miss
when you don't even try. lack Canfield

