

GOOD MORNING!

"Tell me, what is it you plan to do with your one wild and precious life?"

Mary Oliver, The Summer Day



A year from now you will wish you had started today. *Karen Lamb*

Motivation is what gets you started. Habit is what keeps you going. *Jim Ryon*

The difference between stumbling blocks and stepping stones is how you use them.

It's not about time, it's about choices. How are you spending your choices?

Beverly Adamo

TIME FOR CHANGE
IT IS UP TO YOU
WHICH DIRECTION
YOU CHOOSE !!!

You will never change your life until you change something you do daily. The secret of your success is found in your daily routine.

John C. Maxwell

Pick an attitude of
gratitude

Attitude is everything, so pick a good one. *Wayne Dyer*

Do something today that your future self will thank you for.

Strive for progress, not perfection.

Don't worry about failures. Worry about the chances you miss when you don't even try. *Jack Canfield*

